

Exploration – Vedic Palmistry

Answers to the exercise

Question 1

True or false: nails protect the sensitive nerve endings in the finger tips.

Select one:

- True
- False

Question 2

- a. Adam's nails are flared
- b. Adam's nails are short
- c. Adam's nails are broad
- d. Adam's nails are long and narrow

Question 3

How will Adam's nails express in his personality?

Select one:

- a. Adam is critical.
- b. Adam is easy-going.
- c. Adam is aesthetic.
- d. Adam is prone to nervous strain.

Question 4

What recommendations would you suggest to Adam?

Select one:

- a. Be more tolerant with others.
- b. Don't be so demanding on others.
- c. Develop greater enthusiasm.
- d. Success will come when you feel grounded and calm.

Question 5

For each description, select the appropriate answer in the dropdown menu.

- Feeling uptight, he is prone to nervous anxiety.
- Must guard against biting his nails when feeling uptight.
- Easily aggravated when his exacting demands are unfulfilled.
- Must guard against intolerance.
- Perfectionist.
- Graceful.
- Easily upset with himself when not meeting his high standards.
- Able to absorb stress.
- Open to new ideas.
- Delicate constitution.

Question 6

A person with broad nails and at ease. He is , patient and broadminded. His nervous system and allows him to have peaceful interchanges with others.

The one who has long and narrow nails is and gentle, with a strong aesthetic sense. He and he can not actualize his ideas easily due to the of his nervous system.

The one with flared nails, . He desires to share and accomplish a great dare but he overtaxes his already fragile nervous system and is . Because he lacks the nervous system , he should prepare himself adequately before taking a new project.

The one with short nails because he does not feel safe or confident. So he is and prone to temperamental outburst. The inadequate protection of his nervous system .